



PRINCIPAL'S MESSAGE

As we enter into the third trimester, it's so important to continue to encourage students to stay motivated and work hard. We want all students to finish out the school on a positive note!

I'm often asked by parents, "What can I do at home to help my child be successful at school?" My answer is always the same; read with your child daily, check your child's planner, and most importantly, make school attendance a top priority.

Attending school regularly helps children feel better about school—and themselves. Your student can start building this habit in preschool so they learn right away that going to school on time, every day is important. Consistent attendance will help children do well in high school, college, and at work.

DID YOU KNOW?

- Starting in kindergarten, too many absences (excused and unexcused) can cause children to fall behind in school.
- Missing 10 percent (about 2 days per month) increases the chance that students will not read or master math at the same level as their peers.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school or leaving early may lead to poor attendance habits.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By being present at school, children learn valuable social skills and have the opportunity to develop meaningful relationships with other students and school staff.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.

Thank you for your continued support at home. You are the first and foremost teacher in your child's life. As partners in their educational experience, together we can make a profound difference in their academic achievement.

Please do not hesitate to call (549-4415) or email (barmelino@bveagles.com) if you have any questions or concerns.

Sincerely,
Ms. Bev Armelino



Nurse News...

Monthly Health Information for your Family



During the past three decades, childhood obesity rates in America have tripled, and today, nearly one in three children in this country is overweight or obese. Obesity increases risk of chronic diseases such as heart disease, diabetes, cancer, and hypertension. The numbers are shocking and terrifying! It is time to help our children combat this ever growing problem. Two areas we can focus to battle childhood obesity are activity and nutrition.

Activity: The CDC recommends that children are active for at least 60 minutes per day. Physical activity has well-documented benefits for physical and mental health. Get the whole family involved! Go for a hike, play a game outside, or join a family gym.

Nutrition: Studies show that children form habits in childhood that stay with them into adulthood. Now is the time to establish healthy eating habits. Provide your children diets rich in vitamins and nutrients. Fruits, vegetables, and lean proteins are healthy choices that help your children to grow and thrive.

We can all work together to make the future brighter and healthier for our children!

Kelly Pagan, Credentialed School Nurse

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Click the link below to access Bella Vista School's Wellness Policy:

http://bveagles.com/Images/pdfs/district/wellness_policy_5-23-2013.pdf

Health Council Meeting on Mon. March 18th @ 3:00pm in Room 10

FEBRUARY EAGLE OF THE MONTH STUDENTS

Maci Marchione	Jeremiah Sturk
Jaxon Daniels	Shelby Rowe
Kristin Gienapp	Rae Gonzales
Chase Emert	Callie Albonico
Zinnia Kirk	Michael Liso
Raleigh McDaniel	Alexandria Cearley
Allison Swenson	Blake Lema
Hunter White	Marcos Vazquez
Peyton Helms	Hayden White
Uriah Mitchell	Willo Mauldin
Alyssa Meis	Tristan Phanachone
Ayden Peterson	Iris Cowles
Anika Vazquez	Logan Peters
	Emma Hamlin

2019-20 KINDERGARTEN ROUND-UP

Friday, March 15th

8:15 – 10:00 am

Please notify the school office as soon as possible if you have a child or know of a child who will be attending Kindergarten next year.



4/5th BASKETBALL TEAMS

Boys: Jayden Adams, Nicholas Cearley, Mason Edwards, Jaden Fodor, Josiah Johnson, Michael Liso, Noah Merrill, Theodore Methvin, Jackson Severson, Gunner Sterling, Kaden Williams, Redbear Wojcik, Trevor Houser-Lopez



Girls: Callie Albonico, Allie Cearley, Hazel Gist, Hanna Helms, Jaymi Helms, Karli McCollum, Melanie Minor, Katie Offill, Shelby Rowe, Keilee Senne, Emma Swenson, Gabriella Vega-Sanchez

Jog/Walk-a-Thon

Friday, March 15th, 2019

Kindergarten – 3rd Grades (12:45 – 1:30 pm)

4th – 8th Grades (1:40 – 2:25 pm)

Pledge sheets will be sent home and also available in the office.



Spring Picture Day...

Wednesday, March 20th, 2019

Picture Packages and Pricing will be sent home with students and will be available in the office.

CONGRATULATIONS TO OUR 2019 SPRING STUDENT COUNCIL OFFICERS!!

Co-Presidents – Emma Hamlin and Nella Sears
Vice President – Delaynee Minor
Secretary – Avery Stringfield
Treasurer – Lillian Pellow

2018-19 YEARBOOKS

Order yearbooks now!

Quantity is Limited

Cost is \$29.00

After March 31st cost is \$35.00

Purchase yours today in the school office

DATES TO REMEMBER

- 3/1 **End of the 2nd Trimester**
Read Across America Day & Dr. Guess' Birthday
2nd Grade Field Trip to see Beauty & the Beast
- 3/4 **Early Release Day, 1:30 pm**
- 3/5 4th Grade Field Trip to Sacramento
4/5 Basketball Games-BYE
***Last Day to buy Father/Daughter Dance tickets**
- 3/6 **Talent Show Tryouts, Music Room**
Girls Softball Tryouts
- 3/7 4/5 Basketball Games vs. Junction, BVS
Talent Show Tryouts, Music Room
- 3/8 **Father/Daughter Dance, 5:30 pm, café**
- 3/9 WOW! That's Engineering! (4th-6th Grade Girls), UPrep
- 3/11 **Early Release Day, 1:30 pm**
- 3/12 4/5 Basketball Games vs. Grant, BVS
School Board Meeting, 7:00pm, Rm. 10
- 3/13 **Talent Show, 6:00 pm, gym**
- 3/14 **Eagle of the Month Assembly, 1:30 pm, gym**
Parent Club Meeting, 2:45 pm, library
4/5 Basketball Games vs. Grand Oaks, Grand Oaks
- 3/15 **Report Cards Mailed Home**
Kindergarten Round Up, 8:15 am – 10:00 am
Jog -a-Thon (K-3 @ 12:45 pm) (4-8 @ 1:40 pm)
- 3/17 **Happy St. Patrick's Day!!**
- 3/18 **Early Release Day, 1:30 pm**
Eagle Lunch
Health Council Meeting, 2:45 pm, Rm. 10
- 3/19 4/5 Basketball Games vs. Buckeye, Buckeye
- 3/20 **Spring Picture Day**
- 3/21 4/5 Basketball Games vs. Manzanita, BVS
- 3/25 **Early Release Day, 1:30 pm**
- 3/26 4/5 Basketball Games vs. Juniper, BVS
#PurpleForKaia-Wear Purple to School
- 3/28 4/5 Basketball Games vs. Turtle Bay, BVS

Father/Daughter Dance
Kindergarten – Eighth Grade
Friday, March 8th



Dinner: 5:30 – 7:00 pm in the Café
Dancing: 5:30 – 8:00 pm in the gymnasium

\$20 per couple (\$5 each additional daughter)

Tickets available in the office.

Tickets must be purchased by Tuesday, March 5th.