

# SEPTEMBER Breakfast 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	English Muffin with Sausage, Carrots, Fruit, Milk	Cereal Cheese Stick Carrot Sticks Fruit Milk	Yogurt & Granola Carrot Sticks Fruit Milk	Bagel & Cream Cheese Carrot Sticks Fruit Milk
7	8	9	10	11
No School	French Toast Sticks w/ Syrup Carrot Sticks Fruit Milk	Cereal Cheese Stick Carrot Sticks Fruit Milk	Muffin Cheese Stick Carrot Sticks Fruit Milk	Bagel & Cream Cheese Carrot Sticks Fruit Milk
14	15	16	17	18
Cereal Cheese Stick Carrot Sticks Fruit Milk	Breakfast Burrito Carrot Sticks Fruit Milk	Cereal Cheese Stick Carrot Sticks Fruit Milk	Yogurt & Granola Carrot Sticks Fruit Milk	Bagel & Cream Cheese Carrot Sticks Fruit Milk
21	22	23	24	25
Cereal Cheese Stick Carrot Sticks Fruit Milk	English Muffin with Sausage, Carrots, Fruit, Milk	Cereal Cheese Stick Carrot Sticks Fruit Milk	Muffin Yogurt Carrot Sticks Fruit Milk	Bagel & Cream Cheese Carrot Sticks Fruit Milk
28	29	30		
Cereal Cheese Stick Carrot Sticks Fruit Milk	French Toast Sticks w/ Syrup Carrot Sticks Fruit Milk	Cereal Cheese Stick Carrot Sticks Fruit Milk		

## Notes:

Students will have white milk for breakfast and white or chocolate milk for Lunch, the milk choices will vary through-out the week. **This menu may be subject to change.** This institution is an equal opportunity provider.

SEPTEMBER Lunch 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Beef Taco with Salsa, Fruit, Veggie Sticks, Milk	Hamburger with Lettuce and Tomato, Fruit, Milk	Grilled Cheese Sandwich, Fruit, Veggie Sticks, Milk	Pizza, Salad, Fruit, Milk
7	8	9	10	11
No School	Carnitas Burrito, Salsa, Fruit, Veggie Sticks, Milk	Ham & Cheese Sandwich, Apple Slices, Carrot Sticks, Milk	Uncrustables Sandwich, Snack Mix, Fruit, Veggie Sticks, Milk	Chicken Sandwich, Apple Slices, Veggie Sticks, Milk
14	15	16	17	18
Turkey Sandwich, Sun Chips, Fruit, Veggie Sticks, Milk	Chicken Taco & Salsa, Fruit, Veggie Sticks, Milk	Bean & Cheese Burrito, Fruit, Veggie Sticks, Milk	Uncrustables Sandwich, Snack Mix, Fruit, Veggie Sticks, Milk	Pizza, Salad, Fruit, Milk
21	22	23	24	25
Chicken Salad Wrap, Fruit, Veggie Sticks, Milk	Carnitas Burrito & Salsa, Fruit, Veggie Sticks, Milk	Ham & Cheese Sandwich, Apple Slices, Veggie Sticks, Milk	Uncrustables Sandwich, Snack Mix, Fruit, Veggie Sticks, Milk	Chicken Sandwich, Fruit, Veggie Sticks, Milk
28	29	30		
Turkey Sandwich, Sun Chips, Fruit, Veggie Sticks, Milk	Beef Taco with Salsa, Fruit, Veggie Sticks, Milk	Hamburger with Lettuce and Tomato, Fruit, Milk		

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