

# Breakfast Menu

## October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1  Fruit Parfait W/ Granola Carrots Fresh Fruit	2  French Toast Sausage Patty Carrots Fresh Fruit
5  Choice of Cereal or Oatmeal Yogurt Carrots Fresh Fruit	6  Home Made Muffin String Cheese Carrots Fresh Fruit	7  Biscuits & Gravy Carrots Fresh Fruit	8  Ham & Cheese Bagel Carrots Fresh Fruit	9  Pancakes Scrambled Eggs Carrots Fresh Fruit
12  Choice of Cereal or Oatmeal Yogurt Carrots Fresh Fruit	13  Home Made Muffin Scrambled Eggs Carrots Fresh Fruits	14  Biscuits & Gravy Carrots Fresh Fruit	15  Fruit Parfait W/Granola Carrots Fresh Fruit	16  Waffle Sticks Sausage Patty Carrots Fresh Fruit
19  Choice of Cereal or Oatmeal Yogurt Carrots Fresh Fruit	20  Home Made Muffin String Cheese Carrots Fresh Fruit	21  Biscuits & Gravy Carrots Fresh Fruit	22  Breakfast Burrito Carrots Fresh Fruit	23  French Toast Sausage Patty Carrots Fresh Fruit
26  Choice of Cereal or Oatmeal Yogurt Carrots Fresh Fruit	27  Home Made Muffin Scrambled Eggs Carrots Fresh Fruit	28  Biscuits & Gravy Carrots Fresh Fruit	29  Fruit Parfait W/ Granola Carrots Fresh Fruit	30  Pancakes Scrambled Eggs Carrots Fresh Fruit

Please note: Breakfast will offer nonfat or lowfat milk. Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served every lunch and items will be wrapped and bread is available with every meal. This Menu may be subject to change. This institution is an equal opportunity provider.