

Bella Vista Elementary School District

Breakfast Menu

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Pancakes Ham Slice Fresh Fruit Carrot Sticks
Mar - 4 Bagel Cream Cheese Fresh Fruit Juice	Mar - 5 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Mar - 6 Fruit Parfait Granola Fresh Fruit	Mar - 7 Ham & Cheese Bagel Fresh Fruit Carrot Sticks	Mar - 8 Waffle Stix Sausage Patty Fresh Fruit Carrot Sticks
Mar - 11 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks	Mar - 12 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Mar - 13 Fruit Parfait Granola Fresh Fruit	Mar - 14 Biscuit & Gravy Fresh Fruit Carrot Sticks	Mar - 15 French Toast Hard Boiled Egg Fresh Fruit Carrot Sticks
Mar - 18 Bagel Cream Cheese Fresh Fruit Juice	Mar - 19 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Mar - 20 Fruit Parfait Granola Fresh Fruit	Mar - 21 Scrambled Eggs Hashbrowns Toasted English Muffin Fresh Fruit Carrot Sticks	Mar - 22 Pancakes Sausage Patty Fresh Fruit Carrot Sticks
Mar - 25 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks	Mar - 26 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Mar - 27 Fruit Parfait Granola Fresh Fruit	Mar - 28 Breakfast Burrito Fresh Fruit Carrot Sticks	Mar - 29 Waffle Stix Sausage Patty Fresh Fruit Carrot Sticks

Please note: Breakfast will offer a choice of nonfat or lowfat milk. Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served with every lunch and a bread is available with every meal. This menu may be subject to change. This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.