

Bella Vista Elementary School District

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Pizza or Chicken Sandwich Oatmeal Cookie Fresh Fruit
Mar - 4 Beef Stew Hot Roll or Pick-A-Wich Fresh Fruit	Mar - 5 Bean Burrito or Quesadilla Rice Fresh Fruit	Mar - 6 Hamburger or Chicken Sandwich Corn Fresh Fruit	Mar - 7 Macaroni & Cheese Hot Roll or Green Beans Pick-A-Wich Fresh Fruit	Mar - 8 Nachos or Yogurt, Cheese Tortilla Chips Refried Beans Fresh Fruit
Mar - 11 Beans & Weenies Cornbread or Pick-A-Wich Apple Crisp Fresh Fruit	Mar - 12 Chicken Soft Taco or Bean & Cheese Burrito Spanish Rice Fresh Fruit	Mar - 13 Chicken Sandwich or Bean Burrito Baked Beans Fresh Fruit	Mar - 14 BBQ Pork on a Bun or Chicken Soft Taco Green Beans Fresh Fruit	Mar - 15 Pizza or Chicken Sandwich Oatmeal Cookie Fresh Fruit
Mar - 18 Chili Beans Cornbread or Chicken Soft Taco Green Beans Fresh Fruit	Mar - 19 Bean Burrito or Quesadilla Rice Fresh Fruit	Mar - 20 Hot Dog on a Bun or Hamburger French Fries Fresh Fruit	Mar - 21 Spaghetti Hot Roll or Bean & Cheese Burrito Fresh Fruit	Mar - 22 Nachos or Yogurt, Cheese Tortilla Chips Refried Beans Fresh Fruit
Mar - 25 Chicken Strips or Taco Saucy Noodles Fresh Fruit	Mar - 26 Chicken Soft Taco or Bean & Cheese Burrito Spanish Rice Fresh Fruit	Mar - 27 Pick-A-Wich or Hamburger Potato Wedges Fresh Fruit	Mar - 28 Sweet & Sour Pork Rice or Chicken Soft Taco Fresh Fruit Milk	Mar - 29 Pizza or Chicken Sandwich Oatmeal Cookie Fresh Fruit

Please note: Breakfast will offer a choice of nonfat or lowfat milk. Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served with every lunch and a bread is available with every meal. This menu may be subject to change. This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.