

Bella Vista Elementary School District

Lunch Menu November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 BBQ Pork on a Bun or Chicken Soft Taco Fresh Fruit	Nov - 2 Pizza or Chicken Sandwich Oatmeal Cookie Fresh Fruit
Nov - 5 Chili Beans Cornbread or Chicken Soft Taco Fresh Fruit	Nov - 6 Bean Burrito or Quesadilla Rice Fresh Fruit	Nov - 7 Hamburger or Chicken Sandwich Corn Fresh Fruit	Nov - 8 Spaghetti Hot Roll or Bean & Cheese Burrito Fresh Fruit	Nov - 9 Nachos or Yogurt, Cheese Tortilla Chips Refried Beans Fresh Fruit
Nov - 12 NO SCHOOL TODAY	Nov - 13 Taco or Chicken Soft Taco Rice Fresh Fruit	Nov - 14 Chicken Sandwich or Bean Burrito Baked Beans Fresh Fruit	Nov - 15 Turkey Gravy Mashed Potatoes Hot Roll Fresh Fruit	Nov - 16 Pizza or Chicken Sandwich Pumpkin Bread Fresh Fruit
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 Sweet & Sour Pork Rice or Chicken Soft Taco Fresh Fruit Milk	Nov - 27 Chicken Soft Taco or Bean & Cheese Burrito Spanish Rice Fresh Fruit	Nov - 28 Pick-A-Wich or Hamburger Potato Wedges Fresh Fruit	Nov - 29 Sloppy Joe or Pick-A-Wich Fresh Fruit	Nov - 30 Nachos or Yogurt, Cheese Tortilla Chips Refried Beans Fresh Fruit

Please note: Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served with every lunch and a bread is available with every meal. This menu may be subject to change.

In operation of School Nutrition administered by the Department of Agriculture, no child will be discriminated against because of race, color, sex, national origin, age or handicap. If any member of a household believes they have been discriminated against, they should write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.