

Bella Vista Elementary School District

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks Milk	Oct - 3 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks Milk	Oct - 4 Fruit Parfait Granola Fresh Fruit Milk	Oct - 5 Biscuit & Gravy Fresh Fruit Carrot Sticks Milk	Oct - 6 French Toast Hard Boiled Egg Fresh Fruit Carrot Sticks Milk
Oct - 9 Bagel Cream Cheese Fresh Fruit Juice Milk	Oct - 10 Oatmeal Muffin Square String Cheese Fresh Fruit Carrot Sticks Milk	Oct - 11 Fruit Parfait Granola Fresh Fruit Milk	Oct - 12 Scrambled Eggs Hashbrowns Toasted English Muffin Fresh Fruit Carrot Sticks Milk	Oct - 13 Pancakes Sausage Patty Fresh Fruit Carrot Sticks Milk
Oct - 16 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks Milk	Oct - 17 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks Milk	Oct - 18 Fruit Parfait Granola Fresh Fruit Milk	Oct - 19 Breakfast Burrito Fresh Fruit Carrot Sticks Milk	Oct - 20 French Toast Hard Boiled Egg Fresh Fruit Carrot Sticks Milk
Oct - 23 Bagel Cream Cheese Fresh Fruit Juice Milk	Oct - 24 Oatmeal Muffin Square String Cheese Fresh Fruit Carrot Sticks Milk	Oct - 25 Fruit Parfait Granola Fresh Fruit Milk	Oct - 26 Ham & Cheese Bagel Fresh Fruit Carrot Sticks Milk	Oct - 27 Pancakes Sausage Patty Fresh Fruit Carrot Sticks Milk
Oct - 30 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks Milk	Oct - 31 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks Milk			

Please note: Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served with every lunch and a bread is available with every meal. This menu may be subject to change.

In operation of School Nutrition administered by the Department of Agriculture, no child will be discriminated against because of race, color, sex, national origin, age or handicap. If any member of a household believes they have been discriminated against, they should write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.