

Bella Vista Elementary School District

Breakfast Menu September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 NO SCHOOL TODAY	Sep - 3 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Sep - 4 Fruit Parfait Granola Fresh Fruit	Sep - 5 Ham & Cheese Bagel Fresh Fruit Carrot Sticks	Sep - 6 French Toast Hard Boiled Egg Fresh Fruit Carrot Sticks
Sep - 9 Bagel Cream Cheese Fresh Fruit Juice	Sep - 10 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Sep - 11 Fruit Parfait Granola Fresh Fruit	Sep - 12 Biscuit & Gravy Fresh Fruit Carrot Sticks	Sep - 13 Pancakes Ham Slice Fresh Fruit Carrot Sticks
Sep - 16 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks	Sep - 17 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Sep - 18 Fruit Parfait Granola Fresh Fruit	Sep - 19 Breakfast Burrito Fresh Fruit Carrot Sticks	Sep - 20 Waffle Stix Sausage Patty Fresh Fruit Carrot Sticks
Sep - 23 Bagel Cream Cheese Fresh Fruit Juice	Sep - 24 Homemade Muffin String Cheese Fresh Fruit Carrot Sticks	Sep - 25 Fruit Parfait Granola Fresh Fruit	Sep - 26 Scrambled Eggs Hashbrowns Toasted English Muffin Fresh Fruit Carrot Sticks	Sep - 27 Pancakes Ham Slice Fresh Fruit Carrot Sticks
Sep - 30 Choice of Cereal W/W Toast Fresh Fruit Carrot Sticks				

Please note: Breakfast will offer a choice of nonfat or lowfat milk. Lunch time only, students will have the choice of white or chocolate milk. Salad bar will be served with every lunch and a bread is available with every meal. This menu may be subject to change. This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.