

**Bella Vista Health Council**  
**Agenda**  
**February 4, 2019, 3:00pm, Room 10**

- **Approve Minutes**
  
- **Cafeteria Update**
  - Menu updates
  
- **Garden Update**
  - Cool weather veggies & Compost (Worm Boxes)
  
- **PE & PA Update**
  - Fitness
    - Fitkid Award
  
- **Nutrition/Health Education Update**
  - Harvest of the Month
  
- **Staff Wellness**
  - Zumba
  
- **Other**
  - Wellness Policy
  - Ideas for Next Year

**Next Meeting:**

3:00 p.m. Room 10 To be discussed